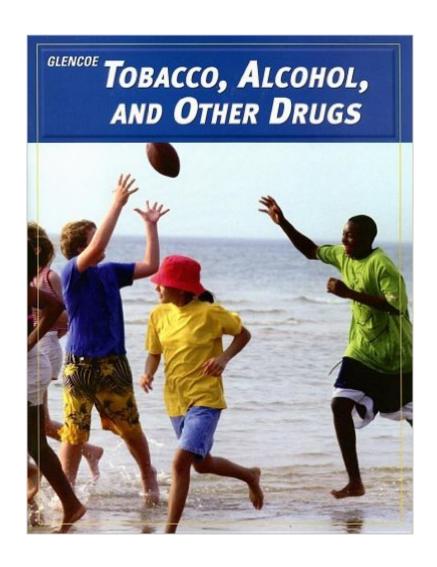
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Teen Health, Course 2, Modules, Tobacco, Alcohol, And Other Drugs





Synopsis

Tobacco, Alcohol, and Other Drugs describes the direct effects of substance abuse on physical, mental, emotional, and social health. It features skill-building activities that give students the motivation and techniques for implementing a drug-free lifestyle. Lessons provide information on how the law applies to teens, how harmful substances affect the growing body, and how to recognize and avoid a wide range of specific illegal substances. Refusal skills, communication techniques, and responsible behavior come alive in activities, role-playing scenarios, and interviews with experts.

Book Information

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